



How To Get Bathroom Lighting Right For Your Taste & Requirements

Downlights, wall lights, ceiling lights – they could all have a place when you consider different bathroom light techniques. Having a theme that continues throughout a house brings harmony to the surroundings and with balance can make a space seem ‘better’ somehow. It could be an illusion of more space, it could be that je ne sais quoi that delicately underplays style and sophistication or it could be a dramatic statement of opulence, minimalism or whatever you fancy in between.

It makes sense and keeps decorating easy if you do follow a theme for your bathroom spaces. [Bathroom light](#) techniques can draw upon similarities of form and colour that will suggest unity and tie together to spaces and give them a shared identity. A large bathroom can be a playground for an interior designer and your mind can be filled with an assortment of ideas, all of which could work. However, if you also have en suites, separate toilet rooms and, or a cloakroom too you need to come up with a suitable lighting plan that is fitting, in proportion to the room dimensions and continues your lighting theme.



Not all ‘bathrooms’ need to be the same but it is worth using complementary shapes and finishes such as curves and chrome in a variety of lights that will function well for the place they are located. Bathroom light techniques consider function for illumination – do you need close task lighting or can you manage with ambient light? When shaving, grooming, applying cosmetics or fixing a hair style, strong bright light as provided by low energy, economical LED lights could provide the solution.

You might have a central bathroom ceiling light in one bathroom, a wall mounted light in another. One room may have an [illuminated mirror](#) and in a further room you might install a cabinet with integral lighting. However, do try to retain a theme based on shape or colour that

will complement other features of the bathroom. If you have one bathroom which has gold coloured fittings and another has stainless steel then shape would be the determining feature to bring unity to the two rooms. There is great choice available today, particularly with LED lighting, which is affordable to buy and economical to run so bathroom light techniques can include arty washes, floodlit features, downlight accented areas just for effect and ambient recessed lights in a range of soft shades to bathe a room with warmth. Chic is achievable when you don't have to limit yourself to one, lonely style of light.



Function, purpose and task lighting will need to be bright so that close examination of skin, products and facial contours can be attended to. But, you can also make your bathroom areas into havens and spas with effective bathroom light techniques where only a single wall or a specific area has illumination from stylish fittings in contemporary and traditional designs. Matching shades is a good way of coordinating bathroom light techniques so that an overall effect, which you can't quite put your finger on, will draw admiration from family and guests regarding your taste and design flair.