



## How To Use Lights Effectively In Your Bathroom Lighting Scheme

Bathrooms can be rooms that are sometimes hard to identify as either feminine or masculine. Whether male or female biased the idea of a room to relax in while grooming can be realised with techniques for [bathroom lights](#) to complete the idea.

Hot tubs, saunas, spas and Jacuzzis have appeal for everyone and if you are lucky enough to have any of these items in your bathroom you will want to achieve that clean, professional look. Clean doesn't necessarily have to be sterile-looking. Neat lines will draw the eye harmoniously and if you can create balance and symmetry in the appearance of a room it naturally becomes more aesthetically pleasing. Techniques with bathroom lights such as downlights to add ambience can help create a relaxing environment.

Most bathrooms have eight foot high ceilings and one way of making the ceiling disappear is to install a flush mount or recessed [bathroom ceiling light](#). A white ceiling also has a way of making it disappear from the eye, especially so in a white-tiled room but with other colours too. Techniques with bathroom lights can be found in many lifestyle magazines so browse through a few and see if mimicking their ideas is suitable for your bathroom.



The shiny surfaces of mirror glass, porcelain or highly polished resin fittings, tiles, taps and shower hoses all lend themselves to maximising light play in a bathroom. Their reflective surfaces, as long as they are pristine clean, will make a room seem larger, which is why black can be a dramatic colour scheme for a bathroom. Ordinarily black absorbs light but with mirror and chrome to accompany a glossy black surface it reflects minimalist and monochrome elegance without sacrificing the illusion of space, a technique with bathroom lights that is very effective.

In a stark white room, the look can be softened if you incorporate curves into the scheme, as angles can be very clinical looking. One important aspect of bathroom lighting techniques is to decide whether you are going to coordinate everything – shape, colour and design finishes for total harmony or whether you want to present a contrast. Contrast is best achieved and most effective if only one of the contrasting elements is featured. For example a hot pink room with lots of curves could look magnificently dramatic by introducing an accent colour such as black or chrome that is featured in other elements within the space. If you decided to change the colour and the dominant shape used in the décor the result would look heavy-handed. Should you opt to change the shape of features, say using circular or curved lines in a room that is predominantly angular, you should remain with the same colour spectrum and only alter the colour tone not the entire shade.



Use a bathroom wall light or downlight to throw a pool of illumination over grooming and beauty products neatly lined on a shelf. Add extra brightness by including an illuminated mirror or bathroom cabinet with an integral shaver socket to make life easy for you. Bathroom lighting techniques would be nowhere without the versatility and economy offered with LED lights, which allow you to have several different lights for differing purposes and thus making your bathroom a versatile room that can be a functional space, which can transform to a spa at the flick of a light switch.

Bear in mind the Zoned area restrictions for lighting suitability when considering your electrical light fitting installations.