



How to Use LED Strip Lights for Effective Kitchen Undercabinet Lighting

The [LED undercabinet striplight tape](#) is a fabulous innovation that could transform the appearance of your kitchen. Using LED lights in a continuous strip will provide discreet ambient illumination, or additional task lighting that takes up hardly any space at all. The LED strip adheres to the underside of your kitchen cabinets, removing the bulk, and the break in lighting, that old fluorescent lighting used to occupy. With a streamlined look you'll retain the designer line intended for your cabinets.



All that is required is a single power source to give life to the LED lights. Being available in a variety of lengths to meet your cabinet requirements, you can turn corners and run a length along a complete unit up to 5m long. Simply snip the LED tape when you need to take it around a corner bend and rejoin on the other side so it can still be switched on from the same point.

With no exposure to water, the kitchen undercabinet lighting doesn't require waterproof tape, which allows this lighting miracle to take place. In kitchens, this versatile lighting is most popular in cool white and warm white, which being chameleon-like neutrals will coordinate with any other colours. The cool white light gives a crisp glacial, glow that would complement hi-tech kitchens or contemporary cabinets. Warm white light LED lights give a radiance more akin to candlelight or moonlight, and a softer illumination that would be suited to traditional country kitchens.

Of course personal preference will dictate your choice and either would look spectacular. These aren't the only colours available. If you desire them purely as decorative lighting, and why not, there are blue, green, red and gold colours also available. Kitchen lights might provide the main task lighting for you, but the LED strip could bring some colour to your kitchen without having to clutter it with accessories in an accent colour you'd love to have, but are reluctant to give space to.

Lighting under the cabinet eliminates any shadowing you may get from ceiling lights behind you in the kitchen so you can prepare food at your work surface and see everything clearly. Details regarding measurements of ingredients, garnishing a dish or decorating cake aren't compromised. This type of lighting would be perfect for motorhomes and caravan kitchens where space is at a premium.

Kitchens have become very important rooms in a home are places where we socialise, dine and even relax. They demand attention beyond simple functionality. LED undercabinet striplights looks great with all of the other lights out and just a glow signalling welcome, nobody's here but you can come on in.

Economical to run, they are very handy as a night light so that fridge raiders and late night kitchen callers can make their cuppa or a piece of toast without having to switch on the main light. Another reason why this type of lighting is beneficial to a kitchen is the fact that LED lights don't generate heat like other lights which can present a hazard and can discolour objects below. Safe from such damage, you know tiles, worktops and anything on display beneath them will not be compromised.



The LED tape comes with a driver (transformer) that connects to the 240 volt mains, then the cables from the other side of the driver connect to the tape and away you go. There are cut points in the tape every 50mm. You then peel off the backing and stick to wherever you are installing the tape. The colour changing type of tape comes with a remote control and infra-red eye that allows you to set it to any colour you want and to flick through an infinite amount of colour combinations.