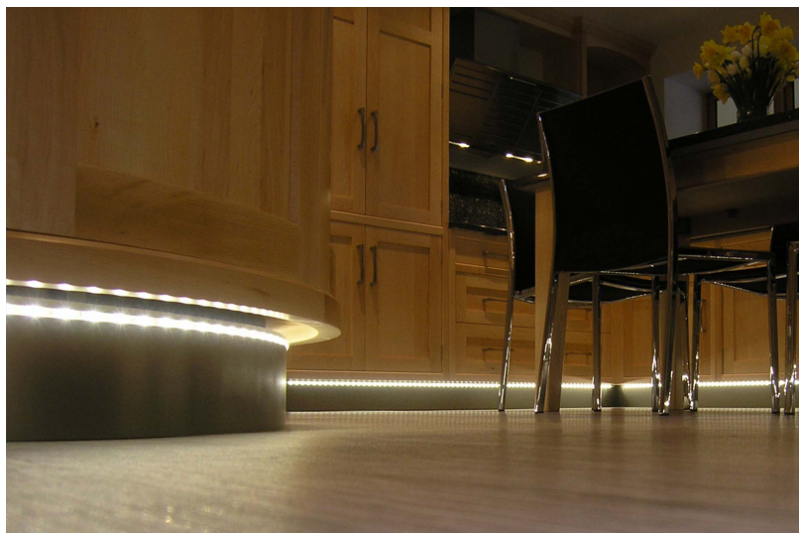




Using LED Strip Lights for Kitchen Kick Plate Lighting

Add some glamour to your kitchen by fitting an LED strip to your kitchen plinth. When you see how effective [LED tape lights](#) are tucked up under the kick plate you'll be sold on the idea. You could have these no maintenance lights put in place and forget about them for – oh, round about 15 years or more.

The 50,000 hour life of the LED striplighting means you can connect and forget about them. They do not generate any heat so you have no worries about blistering laminate, tile or vinyl surfaces, or presenting a fire hazard if the lights are left on overnight. They will enhance the appearance of your flooring, making slate look spectacular by drawing attention to it in a subtle manner. Natural colour stone underfoot and often ignored once it's laid, will once again get the attention it deserves, especially if a warm golden glow washes across it.

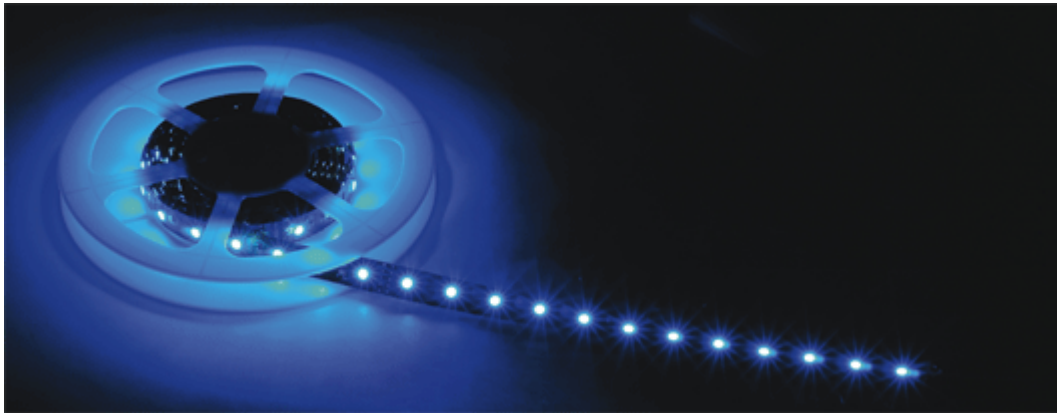


Something magical happens when you see a pool of light at foot level. We are used to overhead lighting or occasional lamps offering illumination up, down or to the sides. Seeing light spill across a floor is unusual and might remind you of a disco or a flight safety exit route on a plane. In your own home it will simply look splendid and sophisticated.

Eerie [green](#), ethereal [blue](#) or warm [red](#) could play out across your kitchen floor with enough light to let you see where you are going if your journey leads you to the sink or the fridge – with its own light. The whites and gold in the colour selections will of course coordinate with any colour scheme for a streamlined look. Colour changing is a fun option to use around the kick plates.

Kitchen LED lighting can be found in all sorts of surprising places and this tape, which is slim and unobtrusive is great way for creating a personalised look, unique to your surroundings. This flexible tape can easily go round corners and can be cut and joined if you need to go across the floor or behind a kitchen appliance such as a cooker or a fridge.

Fitting the tape is incredibly simple and doesn't require any tools beyond a sharp blade or a pair of scissors to snip sections if required. No screws, no drills, no glue guns are required. You could complete a transformation in the time it takes to prepare a meal. Ensure that all surfaces are clean and free from dust or grease so that the adhesive backing strip can secure a good grip.



For homes and establishments with long runs to cover, your supplier might even be able to provide a bespoke length for you. Make enquiries – for a little extra cost you could have your LED striplights fitted along your plinth without any cutting at all. Run the length of your unit by peeling away the backing protective layer and line up the uppermost edge against the top of the kickplate. Press down in small sections as you peel more and more back until you have reached the end, checking as you go along that you have stayed true to the lines of the units.

The LED tape comes with a driver (transformer) that connects to the 240 volt mains, then the cables from the other side of the driver connect to the tape and away you go. There are cut points in the tape every 50mm. You then peel off the backing and stick to wherever you are installing the tape. The colour changing type of tape comes with a remote control and infra-red eye that allows you to set it to any colour you want and to flick through an infinite amount of colour combinations.

Take a look through some lifestyle magazines and notice how much lighting plays a part in great design. It brings a finishing touch to a room to complete the décor satisfactorily. It would also provide an attraction to exhibition displays when you want to draw attention to your stand.